

Who we are:

Shona Prasad is a Child Psychotherapist and social worker who specializes in working with children who have experienced trauma, attachment difficulties, emotional and behavioral problems and supporting their parents/carers to meet their needs.

Richard Gould is an ecologist and outdoor educator specializing in nature conservation, wildlife, bushcraft, nature awareness and forest school. He aims to help people develop a solid core of nature skills, nature awareness and nature connection to enhance their lives and their work.

James Silbers has a passion for working outdoors with people and letting nature do its work. He has lead adult and youth groups in bush-craft, educational programs, team work, employability and confidence building skills. He has strength in depth on programme design and delivery.

Live Wire Family Camping Retreat Dates:

2 nights and 2 full days 4th 5th & 6th May 2019

For more information please contact:

James Silbers: 01437 532 957

jamessilbers@gmail.com



SILBERS CIC

Live Wire Camping Retreats

Allows the family to connect

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Take a break from the turmoil of daily life, and find new perspectives with which to come home and start fresh.

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Contact us at:

James Silbers 01437 532957

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What we do:

Live Wire Family Camping Retreats addresses the needs of parents and their children together.

Live Wire Family Camping takes a parent and young person away together to an uplifting outdoor environment where they are given a unique opportunity to address the problems in their family.

For many families, quality time together is rare, and even more scarce is the opportunity to learn to address issues of conflict, poor communication, and failing relationships in a safe and secure environment. Members of the family are supported in their work towards a preferred future.

No camping experience or equipment needed!!

For any booking inquiries or questions contact:

James Silbers

T:01437532957 - 07985929669

jamesilbers@gmail.com

Live Wire Family Camping provides specialist staff who not only guide parents and youth through their problems and the positive futures that lie within their reach, but also through the wilderness on a trail, where they learn about their strengths, take a break from the turmoil of daily life, and find new perspectives with which to come home and start fresh.

Silbers CIC provides any camping equipment needed if the family don't have any!

How we work:

This innovative program is set in 17 Acres of pasture, woodland and streams near Clunderwen in Pembrokeshire. We focus on the needs of the parent, the needs of the child/teen and the parent-child/teen relationship.

The programme facilitators share a love of people and wild places and believe that within each and every one of us lies the potential for positive change and futures that one can take control of and feel satisfied with.

The Breakaway Camping Retreat is for parents and their children/teens based on the Nurtured Heart Approach.

Its aim is to help parents learn proven ways to nurture a sense of greatness and inner wealth in their children by learning to apply the 3 stands:

1. Refuse to give energy to negative behavior
2. Super-energizing success
3. Implement clear consistent boundaries and consequences

Each session includes:

- Parent's group
- Young persons group
- Young person's outdoor bushcraft sessions
- Parents-young person bushcraft sessions with live coaching and support

By being outdoors our families can often feel more relaxed, and less pressured, and using natural tools and exploration the work is more creative and makes engaging much easier. The creative side of the work makes it work well with children and young people – many who reflect on how much calmer they feel outside.